

Asthma Education and Management in the Schools

Local Resources

A Strategic Plan for Addressing Asthma in Indiana (2004)

This five-year plan establishes goals, objectives, and strategies that can be used by organizations, professions, and individuals to improve the health of Hoosiers with asthma. This report can be found on the ISDH Web site at www.in.gov/isdh/programs/asthma/pdfs/IndianaAsthmaPlan.pdf.

Breathe In, Breathe Out: Asthma in Indiana

This newsletter provides timely information on asthma to those interested in addressing the burden in Indiana. This is a semi-annual publication published in April and October by ISDH Asthma Program in conjunction with the Indiana Joint Asthma Coalition. This report can be found on the ISDH Web site at www.in.gov/isdh/programs/asthma/publications.htm

BreatheasyVille

BreatheasyVille is a Web based information site for parents, health care professionals, school and child care personnel, and others on reducing environmental asthma triggers that affect children with asthma. The site offers a virtual town with homes, schools, and other buildings where children live, learn, and play. By exploring the town, you learn how to recognize and reduce exposure to specific asthma triggers. The tool can be found on the ISDH Web site at www.in.gov/isdh/programs/asthma/breatheasyville/index.html.

Indiana Code 20-33-8-13

IC 20-33-8-13 allows students to possess and self-administer medication at school. To learn about the code, visit the Indiana General Assembly's Web site at www.ai.org/legislative/ic/code/title20/ar33/ch8.html#IC20-33-8-13

Smart School Don't Idle

This program is being piloted at elementary schools in Marion County. Improving Kids' Environment and the City of Indianapolis Knozone program have developed the program. Reducing the air pollution caused by unnecessary vehicle idling is an easy way to make the school environment healthier. The program provides technical assistance, educational materials, and a curriculum on idling to participating schools. For more information go to the Improving Kids' Environment Web site at www.ikecoalition.org

Smog Watch

The Indiana Department of Environmental Management's Smog Watch program provides an easy-to-read forecast of air quality in people's communities; provides information about ground-level ozone and particulate matter forecasts for seven regions of Indiana. To access the Web site go to www.in.gov/apps/idem/smog

The Burden of Asthma in Indiana (2004)

This publication on asthma reports data that describes the burden of asthma on the people of Indiana. This report can be accessed through the ISDH Web site at <http://www.in.gov/isdh/programs/asthma/pdfs/BurdenAsthmaIndiana1-24-05.pdf>.

National Resources

Allergy and Asthma Tool Kit for School Nurses.

This publication from the American Academy of Allergy Asthma & Immunology offers both a clinical and management overview of several allergy and asthma topics, particularly in relation to the school setting. For information specific to asthma go to the AAAAI Web site at www.aaaai.org/members/allied_health/tool_kit/

Asthma Awareness Month Event Planning Kit

The EPA has developed this kit to help local organizers coordinate their Asthma Awareness Month events, which is in May. Information is available for planning school activities. More information is available on the EPA web site at www.epa.gov/asthma/pdfs/aam_event_planning_kit.pdf

Asthma-Friendly Schools Initiative

The American Lung Association's *Asthma-Friendly Schools Initiative* assists local communities and community organizations in planning and implementing comprehensive asthma management programs within their local schools and existing school structure. For more information on the initiative, including the toolkit, go to www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22590

Fit, Healthy, and Ready to Learn: A School Health Policy Guide, (Part III): Policies on Asthma, School Health Services, and Healthy Environments

The National Association of State Boards of Education (NASBE) developed *Fit, Healthy, and Ready to Learn: A School Health Policy Guide* to assist schools in developing policies that aim to prevent chronic diseases. The guide highlights best practices, is adoptable, and complements CDC's school health guidelines. The guide is available on the NASBE Web site at www.nasbe.org/healthy_schools/FHRTL.htm

How Asthma-Friendly Is Your School? (¿Su escuela tiene en cuenta a los niños con asma?)

This questionnaire helps identify sources of problems in schools for children with asthma. The Checklist is a seven-item list in a scorecard format that can be used by parents, teachers, and school nurses to help pinpoint specific areas that may cause problems for children with asthma. It is available in English and Spanish. The questionnaire can be accessed through the National Heart Lung and Blood Institute - National Asthma Education and Prevention Program Web site at www.nhlbi.nih.gov/health/public/lung/asthma/friendhi.htm

Managing Asthma a Guide for Schools

Managing Asthma a Guide for Schools' goal is to make schools more "asthma-friendly," ensuring that no child is left behind by offering practical information on asthma management in the school setting. The guide is intended to help school personnel of every position plan and/or maintain an asthma management program for their students with asthma. The guide can be accessed through the National Heart Lung and Blood Institute - National Asthma Education and Prevention Program Web site at www.nhlbi.nih.gov/health/prof/lung/asthma/asth_sch.htm